

Entrée Salads

Avalon Salad

Mixed greens, raisins, walnuts, apples, onions, bleu cheese crumbles, and balsamic vinaigrette 15

Niçoise Salad

Albacore tuna, French green beans, hard boiled eggs, heirloom tomatoes, Niçoise olives, fingerling potatoes, and fresh herb vinaigrette 18

Caesar Salad

Romaine, parmesan cheese, croutons, and homemade Caesar dressing 13

Garden Salad

Mixed greens, heirloom tomatoes, cucumbers, peppers, onions, Mandarin oranges, raisins, and your choice of dressing 11

Cobb Salad

Mixed greens, sliced egg, avocado, heirloom tomatoes, grilled chicken, onions, chopped bacon, bleu cheese crumbles, and poppy seed vinaigrette 18

Add to any salad:

Grilled Chicken, Tuna Salad or Chicken Salad 5, Shrimp 7, Salmon or Ahi Tuna Steak 12

Ahi Tuna Poke Bowl

Soy marinated ahi tuna, avocado, mango, cucumber, and edamame over jasmine rice.
Served with a ginger soy dressing with toasted sesame seeds 19

Starters

Buffalo Cauliflower 11

Crab Hushpuppies 12

Bang Bang Shrimp 14

Deviled Eggs 11

PEI Mussels 16

Wings (10) 15

Brussels Sprouts 11

Fried Calamari 14

Baked Soft Pretzels 10

Chicken Fingers 11

Salad Bowls

Served on a bed of greens with a hardboiled egg, fresh fruit, and sliced tomatoes

Tuna Salad 13

Chicken Salad 12

Honey Walnut Chicken Salad 14

Homemade Soup

French Onion 9

Homemade, loaded with cheese

Soup Du Jour

Cup 4 Bowl 7

Clams Casino

Cup 5 Bowl 8



Signatures

All served with chips and pickles
Substitute side salad, fresh fruit, edamame salad, or french fries 3

Ahi Tuna Wrap

Seared tuna, spinach, black olives, tomatoes, and onions with cucumber wasabi sauce 16

Feta Chicken Wrap

Grilled chicken breast with spinach, tomatoes, black olives, Feta cheese, and balsamic vinaigrette 13

Chicken Caesar Wrap

Grilled chicken, romaine, and Caesar dressing 13

Reuben

Corned beef or turkey piled high on grilled rye with Swiss cheese, Russian dressing, and sauerkraut 13

Links Chicken

Grilled chicken breast topped with roasted peppers, sauteed spinach, and mozzarella cheese on a toasted ciabatta roll with Cajun dijonaise 13

Ale House

Hot roast beef with bacon, Swiss cheese, and horseradish sauce on a toasted ciabatta roll 14

Cheesesteak

Served on a long roll 12

Crab Cake Florentine

3-ounce crab cake, panko breaded and lightly fried over sauteed spinach 17

Flatbreads

Jerk Chicken

Sweet and spicy sauce, roasted peppers, red onions, bacon, and fresh mozzarella cheese 12

Margarita

Red sauce, basil, and fresh mozzarella cheese 10
Add pepperoni or mushrooms 3

Vegetarian

Red sauce, peppers, red onions, mushrooms, spinach, and mozzarella cheese 13

Chipotle BBQ Shrimp

BBQ sauce, diced tomatoes, bell peppers, red onions, and mild cheddar cheese 14

Crab Cake Sandwich

Panko breaded crab cake, lightly fried, on a brioche roll with dill pickle remoulade 17

Caribbean Jerk Chicken

Served with baby arugula and pineapple salsa on a ciabatta roll 14

Blackened Barramundi

Served with lettuce, tomato, onion, and dill pickle remoulade on a brioche roll 17

Prime Rib Grinder

Thinly sliced prime rib, horseradish sauce, and aged cheddar cheese on a toasted long roll 16

Tuna Melt

On an English muffin with tomatoes and Swiss cheese 12

BLT or BALT

Warm bacon, lettuce, and tomatoes 11
Add avocado for 3

Turkey Club

With lettuce, tomato, onion, aged cheddar cheese, and warm bacon 14

Tuna or Chicken Salad 11

Corned Beef Special

On rye with Russian dressing, Swiss cheese, and coleslaw 13

Gourmet Burgers

½ pound fresh Angus beef, flame broiled, served with seasoned french fries and pickles

Classic Cheeseburger

Lettuce, tomato, and onion 15

Bacon, Mushroom & Swiss

Topped with Applewood smoked bacon, mushrooms and Swiss cheese 17

California Burger

Topped with avocado, bacon onion jam, lettuce, tomato, and aged cheddar cheese 18

Impossible

Plant based burger with lettuce, tomato, and onion 17